



Module 8: Other Activities



Module Objectives

After this module, you should be able to:

- **Describe the TRICARE Plus benefit**
- **State what the Extended Health Care Option is and how it works**
- **Describe the Computer/Electronic Accommodations Program**
- **Explain how the U.S. Family Health Plan mirrors TRICARE Prime**



TRICARE Plus

- MTF-based enrollment option for beneficiaries who are **NOT** enrolled in TRICARE Prime
- MTF Commander may limit enrollment based on capability and capacity
- Provides a Primary Care Manager (PCM) for TRICARE Standard and TRICARE for Life beneficiaries
- When TRICARE Plus beneficiaries are referred to TRICARE-authorized civilian providers for care TRICARE Standard/Extra, Medicare and Other Health Insurance (OHI) rules apply



Exceptional Family Member Program

Exceptional Family Member Program (EFMP)

- Identifies family members with special medical and/or educational needs
- Enrollment is mandatory upon identification of a family member with special needs
- Enrollment helps ensure active duty service members get stationed where the family member's special needs can be met
- Enrollment in the EFMP is especially important during the screening/approval process for accompanied overseas assignments



Extended Care Health Option

Extended Care Health Option

- Supplemental program to the basic TRICARE program
- Provides an additional financial resource for an integrated set of services and supplies
- Qualification is based on the evidence of specific mental or physical disabilities
 - Family members must see their PCM or TRICARE-authorized provider for testing, screening and exams required to determine and document the qualifying disability
- Eligibility is determined by each regional contractor or overseas TRICARE Area Office determines eligibility



ECHO Qualifying Conditions

Qualifying Conditions

- Moderate or severe mental retardation
- Serious physical disability
- Extraordinary physical or psychological condition
- Diagnosis of a neuromuscular developmental condition
- Multiple disabilities



ECHO Cost Shares

ECHO cost shares are based on the sponsor's pay grade and paid during the months eligible family members use ECHO benefits

Sponsor Pay Grade	Monthly Cost Share
E-1 to E-5	\$25
E-6	\$30
E-7, O-1	\$35
E-8, O-2	\$40
E-9, WO/W-1, CWO-2, O-3	\$45
CWO-3, CWO-4, O-4	\$50
CWO-5, O-5	\$65
O-6	\$75
O-7	\$100
O-8	\$150
O-9	\$200
O-10	\$250



Computer/Electronic Accommodations Program (CAP)

- The Computer/Electronic Accommodations Program (CAP) is the Federal government's funded reasonable accommodations program for employees with disabilities in the DoD and throughout the Federal government
- CAP services include:
 - Assistive technology to increase access to the computer and telecommunications environment
 - Individualized needs assessments
 - Demonstration and evaluation of assistive technology
 - Installation, integration and training
 - Disability education and awareness
- In 2004, CAP launched its Wounded Service Members initiative to support wounded service members in their recovery and rehabilitation by equipping them with the appropriate assistive technologies and empowering them for future employment opportunities
- For additional information about CAP, visit the following Web sites
 - Federal employee support: www.tricare.mil/cap
 - Wounded service member support: www.tricare.mil/cap/wsm



Uniformed Services Family Health Plan

- The Uniformed Services Family Health Plan (USFHP) is a TRICARE Prime option available through networks of community-based, not-for-profit health care systems in six areas of the United States
- US Family Health Plan offers TRICARE Prime benefits to:
 - Active duty family members
 - Uniformed services retirees, their eligible family members
 - ☐ Includes beneficiaries who are 65 years of age and over, regardless of whether or not they participate in Medicare Part B
- Eligible beneficiaries must live within one of the designated USFHP ZIP codes to enroll



USFHP Designated Providers

The map below shows the location of the six organizations that sponsor the U.S. Family Health Plan and the covered regions.

**Pacific Medical Centers
(PacMed Clinics)**
Serving the Puget Sound area
of Washington State
1-888-958-7347

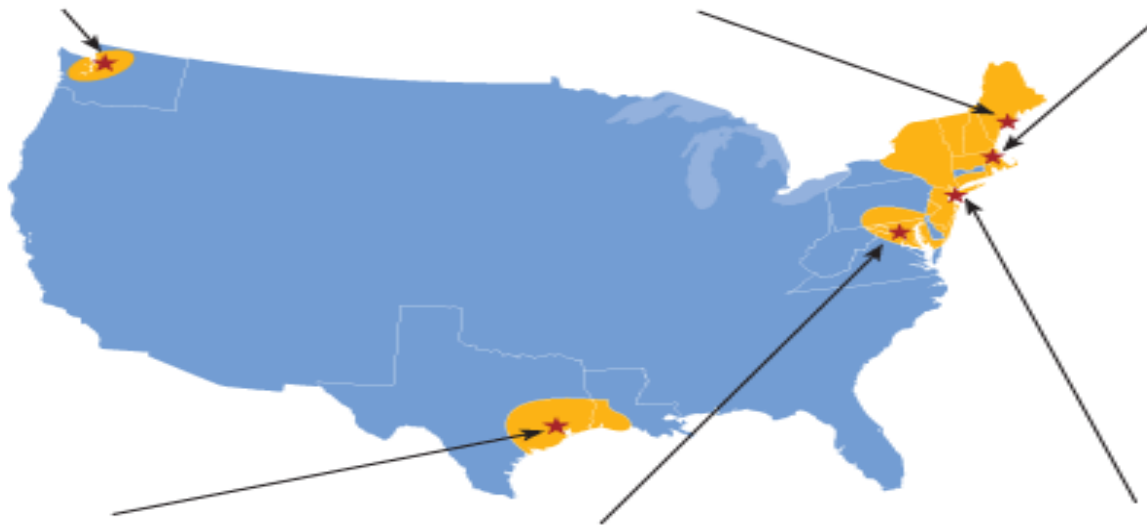
Martin's Point Health Care
Serving Maine, Vermont,
New Hampshire and
northeastern New York
1-888-241-4556

Brighton Marine Health Center
Serving Massachusetts, including
Cape Cod, Rhode Island and
northern Connecticut
1-800-818-8589

CHRISTUS Health
Serving southeast Texas and
southwest Louisiana
1-800-678-7347

Johns Hopkins Medicine
Serving central Maryland, Washington
DC and parts of Pennsylvania, Virginia
and West Virginia
1-800-808-7347

**Saint Vincent Catholic
Medical Centers**
Serving parts of New York, all of
New Jersey, eastern Pennsylvania
and southern Connecticut
1-800-241-4848



USFHP Eligibility

- Active duty family members
- Certain former active duty service members and their eligible family members
 - During the 180-day TAMP period
- Uniformed services retirees and their eligible family members
- Eligible unremarried former spouses



USFHP Enrollment

- Enrollment is open all year
- There are no enrollment fees for:
 - Active duty family members
 - Beneficiaries who purchase Medicare Part B
- All other eligible beneficiaries pay an annual enrollment fee
 - Individual enrollment: \$230 annually or \$57.50 quarterly
 - Family enrollment: \$460 annually or \$115.00 quarterly
- Eligible beneficiaries must complete a TRICARE Prime enrollment Application and PCM Change Form (DD Form 2876) to enroll



Congratulations! You've Completed Module 8: Other Activities

You should now be able to:

- **Describe the TRICARE Plus benefit**
- **State what the Extended Health Care Option is and how it works**
- **List some of the services available through the Computer/Electronic Accommodations Program**
- **Explain how the U.S. Family Health Plan mirrors TRICARE Prime**

